

## THE EXERCISE

Since you promised to get me ready for the meet, I wanted to know which exercises would enable me to perform at peak performance. I needed to take the time to understand the program and to create the best implementation.

“I imagined that we were going to pierce the veil.”

“What are we going to need?”

“A tear in the curtain.”

“Was it you?”

“I felt the sea rush against me.”

“This is horrendous.”

“What is the connection.”

“There is not special knowledge.”

“You are being so mean with this special knowledge shit.”

“What else can there be but some kind of program for personal destruction.”

“She lives for this.”

“Fifty minutes from now.”

“Who are you? I see you everywhere. Are you persecuting me?”

“Why were you so aggressive?”

“Two opposing currents.”

“We mix together.”

“A whirlpool.”

“We need more theory.”

“How will that work with the rest of our lives?”

“Look at my hands. What can they do?”

“I cannot play along.”

“I am messed up by my feelings.”

“Late at night.”

“And early in the morning.”

“You hit me up.”

“Did they give you overtime?”

“Everything is staged.”

“Why did add this?”

“This was meant all for you.”

“I am at a crossroads.”

“One and one makes two.”

“This guy is oppressive.”

“That took forever.”

“I was working it out.”

“I was working it out for you.”

“Present it as it should be.”

“The same day.”

“The two things did not connect.”

“He acts so confident.”  
“Am I cheating?”  
“No.”  
“You see the lines of energy.”  
“Where is Emily?”  
“She is in your mind.”  
“Why would you ever expect a variation?”  
“Is that her?”  
“Not Emily.”  
“I cannot keep track.”  
“Who do you want to be for tonight?”  
“Anonymous. No names.”  
“That way no one can be convicted.”  
“This is an example of the worst kind of performance.”  
“And the second worst.”  
“The deeper liberation of the soul.”  
“There needs to be a lasting connection.”  
“Bite down.”  
“All history to the dogs.”  
“What is the role of consciousness?”  
“These people deny it. They are more committed to feelings.”  
“Animal consciousness.”  
“The next step in social development.”  
“It is all up to you.”  
“It is not up to you.”  
“Why does this keep getting worse?”  
“I am doing a different kind of work tomorrow.”  
“I am saving this.”  
“A lot to do.”  
“We are on our way.”  
“Why did you do so much work?”  
“Why are we weak?”  
“I already felt it.”  
“If I cannot save you, there is no story.”  
“I want the slipper.”  
“We can pound it down.”  
“And you are something completely different than who you actual are.”  
“I will need more focu.”  
“A little brilliance.”  
“I get it.”  
“I do not.”  
“I am going to have to work deep in myself.”  
“This can tell you what to include.”

“A suggestion.”  
“You are here for me.”  
“We are going to quit.”  
“I am deep inside.”  
“Why are we starting again?”  
“We are not going all the way.”  
“That could be more than everything.”  
“That could be a whole a lot of nothing.”  
“I occupy a different role.”  
“She is coming back to me.”  
“I lost the trail just as I seemed to understand.”  
“What animals are involved?”  
“The ones who know so much more.”  
“I could keep watching.”  
“Do you have a method,.”  
“I am the method.”  
“You invite me in, and you do not give me what is necessary.”  
“The dead.”  
“I am not cherished.”  
“This happens to me.”  
“One thing that I care about.”  
“Where does this end up?”  
“In a game of raquetball.”  
“Smash.”  
“You love the action.”  
“You are the action.”  
“This is her show.”  
“Why will she fail?”  
“She is infallible.”  
“She is fallible.”  
“Let us assume that I hired you.”  
“What do you have there?”  
“I am good with marketing.”  
“I know what that jacket is worth.”  
“Sell it to me, and I will wear it.”  
“Why do I feel nothing?”  
“What do you know? What do you understand?”  
“My body.”  
“Gravity.”  
“I am running from someone.”  
“This can be everything.”  
“Have you trained?”  
“Who is waiting for you?”

“Why are you bringing me back for a performance?”

“You were going to describe your job.”

“I already have a publicist.”

“Then I need to do extra work.”

“You could start early.”

“This is your turn.”

“You have colored the whole field.”

“I need some guidance.”

“Where does the road go?”

“I have nothing else.”

“Too many on the manifest.”

“We can work together.”

“I saw this as a coherent development of the personality. This provided an understanding.”

“Some great motivation.”

“You will never have a grasp.”

“You are going to have to use some genius.”

“Who are you working with?”

“A trainer.”

“Is that all that we have?”

“Hit the note.”

“What does any of it mean?”

“You skim the surface.”

“You have a job to do.”

“And you take one more drink.”

“And you are under water.”

“What about the trainer.”

“Pantomime.”

“She is more brilliant.”

“What did you steal from me?”

“Do not leave me like this.”

“This has nothing to do with hope or preparation.”

“These are only performances in the moment.”

“This was really useless.”

“I am a bad version of something good.”

“Is that how you feel about yourself?”

“Who am I?”

“I cannot even keep track of you.”

“Look in my fucking eyes.”

“That does not work for much of anything.”

“Is there any independence of gesture?”

“Not here, not now.”

“I need someone to interrupt.”

“Not here, not now.”  
“Whew!”  
“Your personal excitement is not going to carry this.”  
“The imposter theory.”  
“The imitation.”  
“The flattery.”  
“I wish that you could share.”  
“I am only doing a little bit at a time.”  
“Where do they want to meet you?”  
“They are paying me extra.”  
“We could close.”  
“We could pay extra.”  
“Is this only happenstance?”  
“Is there a theory?”  
“Dinner is being served.”  
“This is what will happen when you take over.”  
“And people will think that this is great. This is some kind of development.”  
“No thought.”  
“No politics.”  
“And I go on.”  
“I go to the dentist.”  
“I play games.”  
“What are you doing here?”  
“Just hanging out.”  
“I am getting high just like you.”  
“What would that take?”  
“Tell me that you want me.”  
“I am figuring out how to take everything that you have.”  
“I do not have enough strength to carry the world.”  
“Work it out.”  
“Am I even part of this?”  
“I wonder.”  
“And I wonder about your.”  
“I have been here before,”  
“I need to get the buggy working.”  
“And this is the worst.”  
“The best.”  
“The most real.”  
“This is me, motherfucker.”  
“And you are good at putting shit together.”  
“The biggest mediocrity.”  
“No one has any taste.”  
“The pricks fuck.”

“What is that about?”

“Resurrection.”

“When did I realize that I needed to do something.”

“He will never know.”

“He will eat it up.”

“We will all eat together.”

“I am the midst of a change.”

“I need to do this for now.”

“For this week.”

“What comes next?”

“The resolution is close.”

“Jump out to jump in.”

“That is what you have been hoping for.”

“One-on-one.”

“Who are you working on? What are you working on?”

“That is not going to work.”

“Who is in your train?”

“What should I do with that information?”

“You avoided that game.”

“Are you confessing to me.”

“We all lose.”

“We win to lose.”

“What does he know?”

“That is not going anywhere.”

“That is jail time.”

“That is me.”

“What is on the farm?”

“You are so fucking boring.”

“You are so fucking boring.”

“You are brilliant.”

“Give it some time.”

How long would I need to keep this going? Could I assume that she would come to some kind of realization?

“Rels understands.”

“I am giving them what they want.”

“There is nothing here. Admit it. No one cares. No one cares. That is why you can get away with giving us the same shit over and over again.”

“These guys are so cool.”

“Are you really kidding? Do you even know the difference?”

“I know this song.”

“Good job.”

“What is your name?”

“What keep you going?”

“You make love sound like some kind of chore. I supposed that goes well with the people that you know.”

“That can lead a dynasty. But it is troubling. And it explodes from the inside.”

“And we have hit the shit.”

“Why should I care about that.”

“He sees it.”

“I mocks it.”

“He is it.”

“He cannot be it.”

“That is where I start and end.”

“The end.”

“One night.”

“I arrived on time.”

“I did not make it.”

“He has a toy.”

“He is following in the footsteps.”

“I said no.”

“Do not make me be like that?”

“We could change things.”

“I hear it in my head.”

“We go around the circle.”

“These are wonderful people.”

“Hold my hand, and I can help you through.”

“I only need one hour.”

“I need days.”

“One more connection.”

“I am almost there.”

“We correspond on the liquid level.”

“Why am I like this?”

“Do I need to be like this?”

“That is the best.”

“I want something more precise.”

“Too much revealed.”

“Who has got this?”

“I could give you so much. This is your chapter. But we remain anonymous.”

“You called me Lucifer.”

“I called you a demon.”

“I called you an angel.”

“I called you a snake.”

“I asked you to bless me.”

“I asked you to curse me.”

“What else is there?”

“You can make it work.”

“Who is attached to whom?”

“To what?”

“And you think that say anything.”

“She is my best girl.”

“This is getting way beyond rationality.”

“We eat our profits.”

“I walked away from my wedding.”

“What were the profits?”

“It takes its toll.”

“I only like the freaky stuff.”

“We are going to need to make our way through this.”

“You are so transparent.”

“She just doesn’t know. This is her reality.”

“I can’t stop this.”

“I am a star of tonight.”

“And then you realize that there is nothing else.”

“He is in a band.”

“Have you listened to that shit?”

“Are you that kind of shit?”

“Surely.”

“That is all that matters.”

“I need to think that I am almost there. I do not want you to explain what I need to get there.”

“I studied.”

“Do not sass me. Do it.’

“Shit it.”

“How do you know?”

“I know better than anyone.”

“Everyone will love me.”

“Hardest working person in the room.”

“And that is that.”

“A nice pair of pants.”

“You can turn this into a relationship, and you will realize that your skills are worse than limited. You can take it for what it is, and you will continue to search. And your skills will be worse than limited.”

“This is you hell in action.”

“There are my friends.”

“When did you meet this guy?”

“He likes good music.”

“This is why no one else can come aboard the ark.”

“I have just arrived.”

“There are no more tickets.”

“I have my place reserved.”



“Love is waiting for me.”  
“This is collision course.”  
“I cannot do any better than that.”  
“I really can.”  
“Do it for me.”  
“Imagine that is your place.”  
“I can give you everything that I have.”  
“I have nothing.”  
“I have extras.”  
“Will I get my extras?”  
“This is all yours.”  
“I will give you my sickness.”  
“And this is a great relationship.”  
“You do not realize that this could be perfect.”  
“I realized that this would not last.”  
“But you went through it.”  
“I was not the only one.”  
“How were you prepared?”  
“I need to see some real cash.”  
“Thanks for the help.”  
“I get it better than you.”  
“Where do I put this in?”  
“You were about to give up.”  
“No one gave up.”  
“We are all blessed.”  
“We are setting this up.”  
“Where is this stored?”  
“Chew that gum.”  
“I am not the first.”  
“I am the bone.”  
“It is my turn to make the move.”  
“What I cannot say.”  
“Are you questioning the policy?”  
“The level of censorship is getting worse.”  
“You cannot censor nonsnes.”  
“When are you telling the truth?”  
“The saints tell us.”  
“Do you have enough money to pull that off?”  
“I am not really part of this show.”  
“Are you kidding?”  
“The intersection of different ways of being.”  
“What are the tributaries?”  
“The mud.”

“Where is this going to end up?”  
“That is not going to work for anyone.”  
“We are much further along than we know.”  
“We are going back to where we were before.”  
“I have watched you.”  
“I will throw myself into this moment.”  
“I trained.”  
“And I am back at work.”  
“And they are all watching.”  
“Turn on the bright lights.”  
“That poor guy will never get it.”  
“He has gasoline running through his veins.”  
“This is the worse thing that I have ever seen.”  
“You have been blessed.”  
“There is a different room.”  
“This is worse than bad.”  
“You have your own way.”  
“I do too.”  
“This is going to be brilliant.”  
“Someone will love me.”  
“Good. Take it from here.”  
“I am much closer than I can imagine.”  
“Can I watch?”  
“What are you working on?”  
“You are there to save people who cannot be saved.”  
“That is more than anything.”  
“And can I care?”  
“What is in there?”  
“What are you talking about.”  
“I only want to get out of here.”  
“I have a migraine.”  
“We know what you can never know.”  
“These are the big points.”  
“You do not get it.”  
“My goal is to kill the dragon and to prove what I have always wanted to know.”  
“I have arrived.”  
“There is another seat on the bus.”  
“We are going to Washington.”  
“Nothing will change.”  
“I need to get home.”  
“I have dismantled the show.”  
“I have three options.”  
“I have two options.”

“I have been optioned out.”  
 “Why did we get distracted?”  
 “Different aims.”  
 “They can never know.”  
 “Can this guy blowing smoke in the night?”  
 “Do you know the difference?”  
 “I am afraid that I am losing my edge.”  
 “I want you to say yes, so I can say no.”  
 “This is professional.”  
 “I did something real.”  
 “They all love me.”  
 “I have my own definition.”  
 “This is not about your history.”  
 “I want the job.”  
 “I need to end this.”  
 “You listen to this for five years.”  
 “And that is the end.”  
 “You were never part of this, and you never understood any of this.”  
 “I honestly do not think that you are some kind of genius.”  
 “Here is the issue. You are not consistent. You do confusing things yourself, and you are surprised that I am confused.”  
 “There is so much shit in my head.”  
 “She never understood.”  
 “She had good pants.”  
 “I love how I look in your eyes.”  
 “However, I am fucked.”  
 “We can hang on this.”  
 “She gave her answer.”  
 “She may regret this decision.”  
 “I cannot take you seriously.”  
 “You cannot take yourself seriously.”  
 “Now, all the points intersect.”  
 “Oh fuck it.”  
 “What else is left?”  
 “I need to eat.”  
 “I need to eat healthy.”  
 “Can you do this on your own?”  
 “I will get what I need.”  
 “That is all that she will ever understand.”  
 “That is all that she will ever understand.”  
 “That is all that she will ever understand.”  
 “I need to work.”  
 “Who dressed you?”

“Who dressed you?”

“Who dressed you?”

“You are really afraid.”

“You are already melting.”

“Like a chocolate Easter rabbit.”